

# Safety, Health, & Environment (SHE) Technicians

Safety, Health, and Environment (SHE) technicians have a variety of career paths available to them, offering opportunities for growth and specialisation. Here are some common routes:

## Entry-Level Positions

- **SHE Technician:** Conducts safety inspections, monitors compliance with regulations, and assists in the implementation of safety programs.
- **Environmental Health Technician:** Works on environmental health projects, including pollution control, waste management, and public health initiatives.
- **Health and Safety Assistant:** Supports health and safety officers in maintaining workplace safety standards and conducting risk assessments.

## Mid-Level Positions

- **Health and Safety Officer:** Develops and implements health and safety policies, conducts training sessions, and ensures compliance with safety regulations.
- **Environmental Health Officer:** Focuses on environmental protection, public health, and safety, often working with local governments or environmental agencies.
- **Safety Coordinator:** Manages safety programs, conducts audits, and works to improve safety procedures within an organisation.

## Advanced Positions

- **Health and Safety Manager:** Oversees the health and safety department, develops strategic safety initiatives, and ensures regulatory compliance.
- **Environmental Manager:** Manages environmental programs, including sustainability initiatives, waste reduction, and environmental impact assessments.
- **SHEQ Manager (Safety, Health, Environment, and Quality):** Integrates safety, health, environment, and quality management systems to ensure comprehensive compliance and performance.

## Specialised Roles

- **Occupational Hygienist:** Identifies and controls workplace hazards that could affect the health of employees.
- **Ergonomist:** Focuses on designing workplaces and systems that optimize human well-being and overall system performance.
- **Risk Manager:** Identifies, assesses, and prioritizes risks, developing strategies to manage and mitigate them.

## Progression

- **NEBOSH National General Certificate in Occupational Health and Safety:** A widely recognized qualification that covers the principles of health and safety management and risk control.
- **IOSH Managing Safely:** A course designed for managers and supervisors to help them understand their responsibilities in terms of health and safety.
- **NEBOSH National Diploma in Occupational Health and Safety:** An advanced qualification that provides in-depth knowledge of health and safety management, suitable for those looking to move into senior roles.
- **Degree in Occupational Health and Safety:** Provides comprehensive knowledge of health and safety practices, legislation, and management.
- **Certified Safety Professional (CSP):** A certification that demonstrates advanced knowledge and experience in occupational safety and health.
- **Chartered Member of IOSH (CMIOSH):** Achieving chartered status with the Institution of Occupational Safety and Health (IOSH) is a mark of professional excellence in the field.

SHE Technicians play a crucial role in ensuring workplace safety and environmental protection, making it a rewarding and impactful career.